



THE PONDEROSA — ESTATE —

October

2026 · ACTIVITY CALENDAR

Where Every Day Holds Something Worth Savoring

● FITNESS & WELLNESS ● CULINARY ARTS ● CREATIVE EXPRESSION ● MIND & LEARNING ● HORTICULTURE ● SPIRITUAL ● ENTERTAINMENT ● SOCIAL ● RESIDENT-LED

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

- Coffee & Chronicles 11:00 AM
- ★ Bible Study 1:00 PM
with Chaplain Tony
- Arts & Crafts 2:00 PM
with Cayti
- Afternoon Brain Games 4:00 PM
- Family Feud Night 6:30 PM

2

- Coffee & Chronicles 11:00 AM
- Chair Yoga 2:30 PM
- Cards, Dice & Board Games 3:30 PM
- Cocktail Hour on the Patio 4:30 PM
- Bingo 5:30 PM
- Movie Night 6:30 PM

3

- Coffee & Chronicles 11:00 AM
- Fresh Air Club 12:00 PM
- Eagle Senior Center Pinochle 1:00 PM
with Eagle Senior Center
- Lawn Games & Lemonade 2:30 PM
- ★ Boise State vs Utah State 5:30 PM

4

- Coffee & Chronicles 11:00 AM
- Afternoon Brain Games 2:30 PM
- Cards, Dice & Board Games 3:00 PM
- Sunset Patio Social 4:00 PM
- Afternoon Stroll & Stretch 4:30 PM
- ★ NFL Sunday Night Football 5:30 PM

5

- Coffee & Chronicles 11:00 AM
- Strength in Motion 2:30 PM
- Autumn Flower Arranging 3:30 PM
- Cards & Puzzles Open Table 4:30 PM
- ★ Monday Night Football 6:15 PM

6

- Coffee & Chronicles 11:00 AM
- Neuro Agility Exercises 11:30 AM
- Card Games & Crafts 2:00 PM
with Aarondale Hospice
- Travel Tuesday 4:00 PM
- Family Movie Night 7:00 PM

7

- Coffee & Chronicles 10:00 AM
- Fitness Class 11:00 AM
with Living Gracefully — Mark
- Watercolor Wednesday 2:30 PM
- Smoothie Bar & Social 3:30 PM
- Trivia Night 6:30 PM

8

- Coffee & Chronicles 11:00 AM
- Cards, Dice & Board Games 11:30 AM
- Special Music 2:00 PM
with Dave
- Charcuterie & Conversation 3:30 PM
- Evening Patio Gathering 6:30 PM

9

- Coffee & Chronicles 11:00 AM
- Cards, Dice & Board Games 11:30 AM
- Chair Yoga 2:30 PM
- Movies & Popcorn 3:00 PM
with Copper Falls Hospice
- Bingo 5:30 PM

10

- Coffee & Chronicles 11:00 AM
- Fresh Air Club 12:00 PM
- Eagle Senior Center Pinochle 1:00 PM
with Eagle Senior Center
- Bingo 4:00 PM
- ★ BSU @ Fresno State 8:30 PM

11

- Coffee & Chronicles
11:00 AM
- Afternoon Brain Games
2:30 PM
- Cards & Puzzles Open Table
3:30 PM
- Afternoon Stroll & Stretch
4:30 PM
- ★ NFL Sunday Night Football
5:30 PM

12

- Coffee & Chronicles
11:00 AM
- Strength in Motion
2:30 PM
- Happy Hour
3:30 PM
with Copper Falls Hospice
- Cards & Puzzles Open Table
4:30 PM
- ★ Monday Night Football
6:15 PM

13

- Coffee & Chronicles
11:00 AM
- Neuro Agility Exercises
11:30 AM
- Card Games & Crafts
2:00 PM
with Aarondale Hospice
- ★ Violin & Cello Concert
3:00 PM
with Marilyn
- Family Movie Night
7:00 PM

14

- Coffee & Chronicles
10:00 AM
- Fitness Class
11:00 AM
with Living Gracefully — Mark
- Spa Day
2:00 PM
with Copper Falls Hospice
- Ice Cream Social
3:00 PM
with Keystone Hospice
- Watercolor Wednesday
4:30 PM
- Farkle Night
6:30 PM

15

- Coffee & Chronicles
11:00 AM
- Cards, Dice & Board Games
11:30 AM
- ★ Bible Study
1:00 PM
with Chaplain Tony
- Arts & Crafts
2:00 PM
with Cayti
- Root Beer Float Social
6:30 PM

16

- Coffee & Chronicles
11:00 AM
- Chair Yoga
2:30 PM
- Cookie Decorating
4:00 PM
- Bingo
5:30 PM
- Movie Night
7:30 PM

17

- Coffee & Chronicles
11:00 AM
- Fresh Air Club
12:00 PM
- Eagle Senior Center Pinochle
1:00 PM
with Eagle Senior Center
- ★ The Andersons: Fall Favorites Tour
3:00 PM
with Gregg & Cori Anderson
- Movie Night
6:30 PM

18

- Coffee & Chronicles
11:00 AM
- Afternoon Brain Games
2:30 PM
- Cards & Puzzles Open Table
3:30 PM
- Sunset Patio Social
4:00 PM
- Afternoon Stroll & Stretch
4:30 PM
- ★ NFL Sunday Night Football
5:30 PM

19

- Coffee & Chronicles
11:00 AM
- Strength in Motion
2:30 PM
- Charcuterie & Conversation
3:30 PM
- Cards & Puzzles Open Table
4:30 PM
- ★ Monday Night Football
6:15 PM

20

- Coffee & Chronicles
11:00 AM
- Neuro Agility Exercises
11:30 AM
- Card Games & Crafts
2:00 PM
with Aarondale Hospice
- Travel Tuesday
4:00 PM
- Sunset Patio Social
4:30 PM
- Family Movie Night
7:00 PM

21

- Coffee & Chronicles
10:00 AM
- Fitness Class
11:00 AM
with Living Gracefully — Mark
- Watercolor Wednesday
2:30 PM
- Art Therapy
3:00 PM
with Rosie
- Trivia Night
6:30 PM

22

- Coffee & Chronicles
11:00 AM
- Cards, Dice & Board Games
11:30 AM
- Special Music
2:00 PM
with Dave
- Cards & Puzzles Open Table
4:00 PM
- Documentary Evening
6:30 PM

23

- Coffee & Chronicles
11:00 AM
- Chair Yoga
2:30 PM
- Cards, Dice & Board Games
3:30 PM
- Bingo
5:30 PM
- Movie Night
6:30 PM

24

- Coffee & Chronicles
11:00 AM
- Fresh Air Club
12:00 PM
- Eagle Senior Center Pinochle
1:00 PM
with Eagle Senior Center
- Movie Matinée: Resident's Pick
2:30 PM
- ★ BSU @ Washington State
4:00 PM

25 - Coffee & Chronicles 11:00 AM - Afternoon Brain Games 2:30 PM - Cards & Puzzles Open Table 3:30 PM - Afternoon Stroll & Stretch 4:30 PM ★ NFL Sunday Night Football 5:30 PM	26 - Coffee & Chronicles 11:00 AM - Strength in Motion 2:30 PM - Rock Painting 3:30 PM - Cards & Puzzles Open Table 4:30 PM ★ Monday Night Football 6:15 PM	27 - Coffee & Chronicles 11:00 AM - Neuro Agility Exercises 11:30 AM - Card Games & Crafts 2:00 PM <i>with Aarondale Hospice</i> - Travel Tuesday 4:00 PM - Family Movie Night 7:00 PM	28 - Coffee & Chronicles 10:00 AM - Fitness Class 11:00 AM <i>with Living Gracefully — Mark</i> - Spa Day 2:00 PM <i>with Copper Falls Hospice</i> - Hot Cocoa & Tea Social 3:00 PM <i>with Keystone Hospice</i> - Watercolor Wednesday 4:30 PM - Documentary Evening 6:30 PM	29 - Coffee & Chronicles 11:00 AM - Cards, Dice & Board Games 11:30 AM ★ Bible Study 1:00 PM <i>with Chaplain Tony</i> - Arts & Crafts 2:00 PM <i>with Cayti</i> - Family Feud Night 6:30 PM	30 - Coffee & Chronicles 11:00 AM - Chair Yoga 2:30 PM - Movies & Popcorn 3:00 PM <i>with Copper Falls Hospice</i> - Bingo 5:30 PM - Trivia Night 6:30 PM	31 - Coffee & Chronicles 11:00 AM - Eagle Senior Center Pinochle 1:00 PM <i>with Eagle Senior Center</i> - Costume & Decoration Party 2:30 PM - Bingo & Cocktails 4:00 PM - Haunted Garden Stroll 6:00 PM ★ BSU vs Texas State 8:00 PM
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KEY

Fitness & Wellness

Culinary Arts

Creative Expression

Mind & Learning

Spiritual

Entertainment

Social

Resident-Led

SIGNATURE EVENTS — OCTOBER

- **Oct 1, 15, 29** — Bible Study with Chaplain Tony, 1:00 PM
- **Oct 8, 22** — Special Music with Dave, 2:00 PM
- **Oct 13** — ★ Violin & Cello Concert with Marilyn, 3:00 PM
- **Oct 14, 28** — Spa Day with Copper Falls, 2:00 PM
- **Oct 17** — ★ The Andersons “Fall Favorites Tour,” 3:00 PM
- **Oct 31** — Halloween Celebration & BSU vs Texas State

WEEKLY RHYTHM

- **Tuesdays** — Neuro Agility Exercises, Card Games & Crafts (Aarondale), Travel Tuesday
- **Wednesdays** — Fitness Class (Mark), Spa Day (Oct 14 & 28), Watercolor Wednesday, evening feature
- **Thursdays** — Coffee & Chronicles, Cards, Dice & Board Games, evening feature
- **Fridays** — Chair Yoga, Bingo, evening feature
- **Saturdays** — Fresh Air Club, Bingo
- **Sundays** — Coffee & Chronicles, Brain Games, Sunday Night Football

COMMUNITY PARTNERS — OCTOBER 2026

Chaplain Tony

Bible Study every other Thursday: Oct 1, 15 & 29 at 1:00 PM. Spiritual enrichment and meaningful reflection for our community.

Cayti

Arts & Crafts on Oct 1, 15 & 29 at 2:00 PM. Creative and engaging hands-on activities following Bible Study.

Dave — Special Music

Live music on Oct 8 & 22 at 2:00 PM. Therapeutic musical performance bringing joy and connection to our residents.

Living Gracefully — Mark

Fitness Class every Wednesday at 11:00 AM. Professional senior fitness programming tailored for our residents.

Copper Falls Hospice

Spa Day now on Wednesdays — Oct 14 & 28 at 2:00 PM. Happy Hour Oct 12 at 3:30 PM. Movies & Popcorn Oct 9 & 30 at 3:00 PM. Also brings Special Music with Dave and Art Therapy with Rosie. Compassionate enrichment care.

Rosie — Art Therapy

Art Therapy on Oct 21 at 3:00 PM. Therapeutic creative expression supporting emotional well-being and connection.

Aarondale Hospice

Card Games & Crafts every Tuesday at 2:00 PM. Consistent weekly engagement bringing warmth and social connection.

Keystone Hospice

Ice cream and hot cocoa socials on Oct 14 & 28 at 3:00 PM — 2nd and 4th Wednesday. A warm, familiar treat and easy conversation each visit.

The Andersons — Gregg & Cori

★ “Fall Favorites Tour” concert on Oct 17 at 3:00 PM. Live seasonal singing for the whole community.

Marilyn — Live Music

★ Special Violin & Cello Concert on Oct 13 at 3:00 PM. A beautiful afternoon of classical performance for our community.